

Student Make Up Work

January 21, 2026 - Lesson "Lutheran Sacraments-Holy Communion 1"

Parents/Grandparents/Guardians, this make-up work should be done together with you and your student. There will be questions to discuss verbally and questions to answer in written format. Please sign the bottom of the sheet and return to the worship note drop off box at Cross of Christ.

Main Idea: *God comes to us within our practices of the sacraments.*

+ SHARE: highs and lows from the week together.

+ READ: Open your Bibles and read 1 Corinthians 11:23-26

1. Where have you heard these words before reading this?

2. Do you know what we call these words in worship?

3. What do these words mean to you?

Read Matthew 26:17:30-This is another place where we get the concept of Holy Communion from in the Bible.

+ TALK:

- A sacrament is an act that is commanded by Christ, uses a material or earthly element, and through connection with the Word is the bearer of God’s promise.
- Sacraments include Christ’s command, earthly elements (water, bread, wine) and God’s word/promise.
- There are two sacraments in the Lutheran Church: Holy Baptism and Holy Communion.
- We believe Jesus commanded us to celebrate Holy Communion.
- We believe that only ordained pastors can preside over the sacraments, but everyone can receive and take part in them.

Can you think of any other names for Holy Communion?

Discuss with Parent

1. When did you first take communion?
2. Did you take a first communion class?
3. Have you ever taken communion in another church, or have you ever been refused communion in a church?
4. Have you ever received communion outside of the church?

Rewrite our Cross of Christ communion liturgy in your own words: You can either write it next to these words or use a separate sheet of paper.

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts

We lift them to the Lord.

Let us give thanks to the Lord our God

It is right to give God thanks and prayers.

The Preface

It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you, almighty and merciful God,
through our Savior Jesus Christ.

By the leading of a star he was shown forth to all nations;
in the waters of the Jordan you proclaimed him your beloved Son;
and in the miracle of water turned to wine he revealed your glory.

And so, with all the choirs of angels,
with the church on earth and the hosts of heaven,
we praise your name and join their unending hymn:

Words of Institution

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples saying, "Take and eat; this is my body, given for you. Do this for the remembrance of me."

Again, after supper, he took the cup, gave thanks, and gave it to all to drink, saying "This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this in remembrance of me."

Post Communion Blessing

The body and the blood of our Lord and Savior Jesus Christ bless you and keep you always in God's grace.

Amen.

✦ PRAY:

Part of receiving communion is our confession, coming to God knowing we have sinned and receiving God's forgiveness, grace, and love in communion. Find a stone. Think about something you would like to confess to God and lay down in the center of the table where you are sitting.

Then use this prayer:

God who comes to us, we lay before you those things that weigh us down; the places where we have sinned and fallen short. We come seeking your grace and forgiveness with trust believing you hear us, and you forgive us. You give us another chance to start anew. Thank you for your love.

In Jesus' name we pray,

Amen.

✦ BLESS:

Offer each other a blessing by making the sign of the cross on each other's forehead or hands and say, "May you know God is with you this week."

Signature of Student/Date:

Signature of Parent/Date:
