

2026 Mentoring Session #1

Lord's Prayer/Sacraments/Lutheran Year

**Take TWO sheets, one for the student and one for the mentor. **

✦ SHARE:

Highs/Lows-Both mentor and student share your highs / lows for the week. These should be things that happened over the last week or so.

GTKY (Getting To Know You)

The first session will be a get-to-know-you session. Take time to answer each question in writing (do the whole section). Then take turns sharing and listening to each other as you share your responses before moving on to the next section.

I was born in the year _____, and the place was _____.
My parents gave me my name because _____, and I was baptized at _____ church on _____ in the year _____.

Something I liked to do as a kid is _____

One thing I like about being my age is _____

One thing I like about myself is _____

My favorite job or class was _____

I believe that one of the biggest problems facing the church today is...

I believe that one of the biggest problems facing the world today is...

I'm looking forward to our conversation because _____

Share and Listen to each other as you share your responses.

✦ READ:

Matthew 6:7-13 "When you are praying, do not heap up empty phrases as the gentiles do, for they think that they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him. "Pray, then, in this way: Our Father in heaven, may your name be revered as holy. May your kingdom come. May your will be done on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And do not bring us to the time of trial, but rescue us from the evil one."

✦ TALK:

Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

- Are you familiar with these different versions of the Lord's Prayer? Which one do you prefer?
- Does it matter to you which words are used to pray the Lord's Prayer?

Share and Listen

8th Grade Only – Faith Statement Start Up

Before you affirm your baptism next October, you will need to write a paper on "What is means to me to be a Christian." Each week, this part of the mentor guide sheet will help you discuss and prepare for this paper. We encourage you to jot down thoughts and ideas and keep these as you begin this process.

Question: *How have you grown in your faith through Confirmation?*

✦ PRAY:

Both mentor and student name a person or situation to pray for at the end of this gathering. Mentor can pray for what the student names. The student can pray for what the mentor names. You can use this format (or your own words).

Dear God, thank you for this time together. Help us to keep growing in our understanding of who you are and your love for us. Today we pray for (student prays for mentor) and (mentor prays for student). Hear our prayers today and always. Amen.

✦ BLESS:

Share these words with each other as mentor blesses student and student blessed mentor: "(Name) may God bless you this week."

****Schedule the next meeting time***