

## 2026 Mentoring Session #3

### Lord's Prayer/Sacraments/Lutheran Year

\*\*Take TWO sheets, one for the student and one for the mentor. \*\*

#### ✚ SHARE:

**Highs/Lows**-Both mentor and student share your highs / lows for the week. These should be things that happened over the last week or so.

#### *Share and Listen*

#### **GTKY (Getting To Know You)**

*Both mentor and student answer.*

- Three things I own that are important to me include...
- Three people who are important to me are...
- Three beliefs or values that are important to me include...

#### *Share and Listen*

#### ✚ READ:

*Matthew 3:16-17 "After his baptism, as Jesus came up out of the water, the heavens were opened and he saw the Spirit of God descending like a dove and settling on him. And a voice from heaven said, 'This is my dearly loved Son, who brings me great joy.'"*

*Matthew 28:19-20 "Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."*

#### ✚ TALK:

- How was Jesus' baptism like baptisms today? How was it different?
- Were you baptized? If so, what age?
- If you have baptismal sponsors, who are they? Are you a baptismal sponsor for someone else?

#### Catechism Connection

Sacraments are physical elements and God's Word. In Holy Baptism, the physical element is water along with God's Word.

In Luther's Small Catechism, Luther says the gifts or benefits Baptism are that *"It brings about forgiveness of sins, redeems from death and the devil, and gives eternal salvation to all who believe it, as the words and promise of God declare."*

- What do you think are the benefits of baptism?

In baptism, God comes to us. You can remember every day-when you are near water in the shower, bath, washing your face, or in a lake, river, or swimming pool that God comes to us in baptism.

- How is this a good affirmation for us every day?

We have many things that shape our identity-our relationships, our hobbies and activities, our talents, and our goals. How does baptism shape your identity? Remember that baptism gives us an identity as God's child that never changes.

#### *Share and Listen*

#### 8<sup>th</sup> Grade Only – Faith Statement Start Up

*As you prepare to write your faith statement and take part in the Affirmation of Baptism service, talk about the following questions together. Take notes and hang onto these sheets to help you write your faith statement.*

How does my faith affect the rest of my life? (example: at school, at home, with friends)

#### ✚ PRAY:

*Close praying the Lord's Prayer together.*

#### ✚ BLESS:

*Find some water and make the sign of the cross on each person's hand and say, "Child of God, you are blessed and you are a blessing."*

**\*\*Schedule the next meeting time\***