

2026 Mentoring Session #5

Lord's Prayer/Sacraments/Lutheran Year

**Take TWO sheets, one for the student and one for the mentor. **

✚ SHARE:

Highs/Lows-Both mentor and student share your highs / lows for the week. These should be things that happened over the last week or so.

Share and Listen

Thinking About Being Lutheran....

"Where do you go to church?"

"Oh, I'm a Lutheran."

"Lutheran? What's that?"

Behind the answer to that question is a long history of faith and tradition. Do you know what is unique and special about those who have journeyed the Christian way with the name Lutheran? What do Lutherans stand for and believe? In this conversation you will have a chance to talk about being justified by grace through faith, the central theme of Lutheran belief.

Being a Lutheran

One person who accepts me pretty much the way I am is...

A time when I was loved and accepted by someone, even when I knew I didn't deserve it, was...

My definition for the word *grace* (look in dictionary, if necessary)

My definition for the word *justified* is...

To say that I am justified by grace through faith means that God...

If someone asked me, "Why are you Lutheran?" I might tell him or her that...

Share and Listen

✚ READ:

Ephesians 2: 8 "For by grace you have been saved through faith, and this is not your own doing; it is the gift of God."

Romans 3:22-24 "For there is no distinction, since all have sinned and fall short of the glory of God; they are now justified by his grace as a gift, through the redemption that is in Christ Jesus."

✚ TALK:

Discuss what you think the Ephesians passage means.

In looking at the Romans passage discuss this:

- I would describe sin as...
- To be justified is to be accepted and loved just as I am by God, even though I don't deserve it. Knowing that God accepts and loves me gives me the freedom to...

Catechism Connection

*Martin Luther once wrote, "A Christian is a perfectly **free** lord of all, subject to none. A Christian is a perfectly dutiful servant of all, subject to all." Luther also says, "Love by its very nature is ready to serve and be subject to the one who is loved. So, Christ, although he was Lord of all...was at the same time a free man and a servant."*

- I feel really free when I'm...
- But I don't feel very free when...
- Jesus lived his life as a servant to others. Some of the ways he served and helped others include...
- One way we show love for others is by serving them. Some of the people who show their love for me by serving and helping me include...
- I show love for God and others by serving or helping (who?, how?)...

8th Grade Only – Faith Statement Start Up

How does being in a Lutheran church impact your faith?

✚ PRAY:

Share a brief prayer in your own words together.

✚ BLESS:

Share these words with each other as mentor blesses student and student blessed mentor: "Child of God, you are a blessing."

****Schedule the next meeting time***