Name: _____

Student Make Up Work

October 28 - Lesson *"The 10 Commandments: Remember the Sabbath Day"*

Parents this make-up work should be done together with you and your student. There will be questions to discuss verbally and question to answer in written format. Please sign the bottom of the sheet and return to the sermon note drop off box.

Main Idea: We need time with God

Question: How do we keep the Sabbath day holy? In what ways do we replace the Sabbath Day?

Parent and Youth <u>Discuss</u> and / or <u>Write out answer</u>

Read the Small Catechism's 3rd Commandment and Luther's meaning.

Discuss with Parent:

1. *What are we talking about when speaking about the "Sabbath"?*

2. *At a glance what do you think this commandment means?*

Read Exodus 20: 8 – 11

3. **Discuss** where the Israelites were before wandering in the wilderness *(slaves in Egypt)*.
   What do you think their lives were like?

Write Out Answers

4. How might the Israelites have heard this commandment?

   _____

5. Who is the Sabbath for?

   _____

Discuss with Parent

6. *Does honoring the Sabbath mean not doing anything on the Sabbath?*

7. *What does it mean to keep something holy?*

Write Out Answers

Somewhere we turned this gift into a burden. It became something we **HAVE TO** do rather than something we **GET TO** do.

8. Do you see the Sabbath as a HAVE to or a GET to? What is the difference for you?

   _____

   _____

9. What prevents you from honoring the Sabbath? What gets in the way?

   _____

10. What could happen to our relationship with God and our relationship with others when we allow other things to get in the way of our time with God?

    _____

    _____

    _____

Look at these two words: Re-Creation vs. Wreck - Creation

Discuss with your parent:

11. What is the difference between the two?

12. Why do you suppose God commanded that people take a day to refresh, re-create and remember?

Write Out Answers

Sabbath is a gift from God….for you and for your neighbor who needs you. Even if you are the most capable and talented person in the world...if you are burned out you won't be able to serve your neighbor well and do God's work in the world.

13. If God tells us not to work on the Sabbath - List three things that we CAN do?
    a._____
    b._____
    c._____

Scripture: Read Matthew 12: 1 - 14

14. What do Jesus and the Disciples do wrong?
    _____
    _____

15. The pharisees are offended by this...how does Jesus challenge their interpretation of the third Commandment?
    _____
    _____

16. What do you think Jesus meant when he said, "I desire mercy and not sacrifice."?
    _____
    _____

Scripture: Read Mark 2: 27

Taking a Sabbath is important not just because we need to make time to worship God, but because our minds and bodies have limits and need a rest. God created time for quiet. Time for rest. Time for us to spend with God. The Sabbath is meant for worship and re-creation.

Discuss with your parent:

17. What does rest mean?

18. What does REAL rest mean?

Write out answers.

19. Make a list of what really gives you rest.

_____
_____
_____

Conclusion

20. Why would God care about how we spend our Sundays?

    _____

    _____

21. Are you and your family good at keeping this commandment? If not, what would you like to change?

    _____

    _____

22. How does modern technology affect our need for Sabbath? How does it affect your rest?

    _____

    _____

Activity

Read Psalm 46: 10
Write out the Psalm on piece of paper
Decorate it
On the back: write down a way you will spend time at rest with God honoring the Sabbath and put it in your backpack to carry with you always.

Close in Prayer with one another.

Parents Signature: _____